# A BIRD'S EYE VIEW OF SINGAPORE'S SITUATION

**HEALTHIER, LONGER, BETTER LIVES**

## ONE YEAR INTO THE PANDEMIC

**91%** **SINGAPOREANS WORRIED ABOUT MENTAL HEALTH**

**Mainly fearing over:**
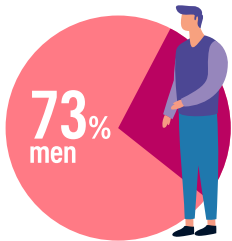
| Income loss | Job instability |
|---|---|

Higher stress coping with work/school for younger adults (30-39) than pre-retirees (40 and above)

**64%** feel anxious about worsening mental health, for themselves and their loved ones
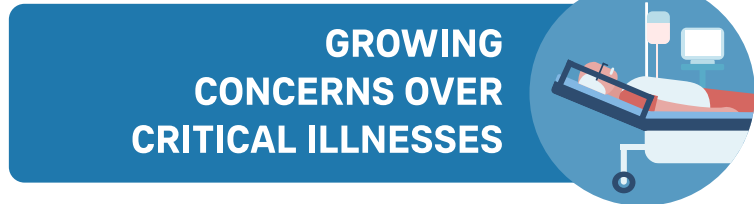
**73% men**

| AGED 30–39 | **76%** |
|---|---|
| SOLE BREADWINNERS | **74%** |

Men, younger adults, and sole breadwinners more likely to worry about mental health concerns
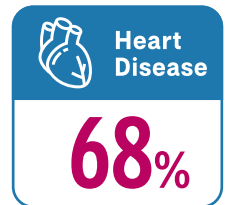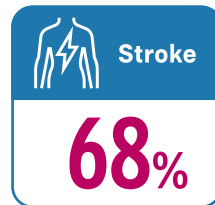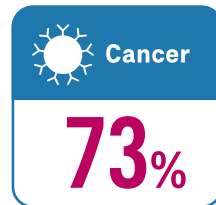
**Most pressing mental health concerns:**

| Anxiety | **71%** | Major Depressive Disorders | **68%** |
|---|---|---|---|

## GROWING CONCERNS OVER CRITICAL ILLNESSES

Almost 60% feel deeply concerned about the added burden of critical illnesses

**10% increase from 2016**

**Top critical illness concerns:**

| Cancer | Stroke | Heart Disease |
|---|---|---|
| **73%** | **68%** | **68%** |

**81% of younger adults (30-39) are worried about cancer**

**Men and sole breadwinners are more likely to report having critical illnesses**

**Narrowing protection gap:**

**82%** have some form of critical illness coverage – especially amongst men

**Most important critical illness plan features:**

| Making a claim even after relapse | Continued major critical illness coverage after early-stage claims | Full payout when diagnosed with early critical illness |
|---|---|---|

**Immediate cash payout and continued protection particularly important to sole breadwinners (1 in 2)**

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**What Singaporeans are looking for in Critical Illness protection plans:**

Early-stage critical illnesses coverage

Better coverage for mental health

Wider coverage for other emerging conditions

Only 18% reported their critical illness plans or riders include mental health coverage

**Protect yourself from Critical Illnesses, including Mental Health, with AIA Beyond Critcal Care**

*Option to add multi-stage Critical Illness and Waiver riders

| First critical illness plan with mental health coverage in Singapore | Coverage for 5 prominent mental illnesses | Health screening benefit[1] |
|---|---|---|
| | Major Depressive Disorder | 100% refund of premium (less any claims paid) |
| | Schizophrenia | |
| | Bipolar Disorder | |
| | Obsessive Compulsive Disorder (OCD) | |
| | Tourette Syndrome (up to age 21) | |

[1]The Health Screening Benefit will start from the 4th policy year onwards and will be available once every 3 years thereafter. The insured must be at least 21 years old at the time he/she undergoes the health screening(s).